TOTAL MARKS: 126 POINTS
PASS MARK: 75 POINTS
DISCRETIONARY MARK: 5 POINTS

Xal Karak			/					COMMENTS
DATE:				/ ,	/ ,	/ ,	/, ,	/
GRADED BY:								
Observe	Bow-in Knowledge							
	Hand Position							
	Push/Pull Action							
Natural Stance	Shindo to Body Lock							
Mid-Section Strikes	Hand Rotation							
	Angle of Grip							
	Remaining in Contact							
	Hip Action							
Zenkutsu Dachi	Hand Position							
High/Low Strikes Moving Forward	Stance Form							
	Hand Change							
Thrusting	Close Thrust							
Concept of Grip	Long Thrust							
	Coverage							
Cross Body Block	Hand Positions							
	Push/Pull Action							
Triple Strike Combo Areas	Focus							
	Collarbone							
	Rib							
	Thigh]
Two-Line Techniques Osato Uki Sokui Uki	Understanding of Application							
	Application with Partner							
TOTALS		_						UP TO 3 POINTS PER TECHNIQUE

TOTAL MARKS: 126 POINTS
PASS MARK: 75 POINTS
DISCRETIONARY MARK: 5 POINTS

DATE: GRADED BY: Presentation Bow in/out Holding Shindo Poise Completion Acceptable Speed Power Level of Sequencing Technique Placement Sokui Uki Osato Sequence Hand Change Bunting Sequence Thirds Grip Angle of Grip Hand Rotation TOTALS TOTALS FROM PAGE 1 GRAND TOTAL (P) PASS - (F) FAIL ADDITIONAL COMMENTS	retuints of Kai Karre	(edetation					COMMENTS
Presentation	DATE:						/
Presentation Holding Shindo	GRADED BY:			pli tari	AL RUTH	Ering.	
Poise		Bow in/out					
Completion	Presentation	Holding Shindo					
Acceptable Speed		Poise					
Power		Completion					
Power	General	Acceptable Speed					
Technique Placement Sokui Uki Sokui		Power					
Sokui Uki		Level of Sequencing					
Osato Sequence		Technique Placement					
Hand Change Bunting Sequence Thirds Grip Angle of Grip Hand Rotation TOTALS TOTALS FROM PAGE 1 TOTAL MARKS: 126 POINTS PASS MARK: 75 POINTS		Sokui Uki					
Bunting Sequence		Osato Sequence					
Bunting Sequence Thirds Grip	Specific	Hand Change					
Angle of Grip Hand Rotation TOTALS TOTALS FROM PAGE 1 GRAND TOTAL (P) PASS - (F) FAIL Angle of Grip Hand Rotation UP TO 3 POINTS PER TECHNIQUE TOTAL MARKS: 126 POINTS PASS MARK: 75 POINTS DISCRETIONARY MARK: 5 POINTS	Specific	Bunting Sequence					
Hand Rotation TOTALS TOTALS FROM PAGE 1 GRAND TOTAL (P) PASS - (F) FAIL UP TO 3 POINTS PER TECHNIQUE TOTAL MARKS: 126 POINTS PASS MARK: 75 POINTS DISCRETIONARY MARK: 5 POINTS		Thirds Grip					
TOTALS FROM PAGE 1 GRAND TOTAL (P) PASS - (F) FAIL UP TO 3 POINTS PER TECHNIQUE TOTAL MARKS: 126 POINTS PASS MARK: 75 POINTS DISCRETIONARY MARK: 5 POINTS		Angle of Grip					
TOTALS FROM PAGE 1 GRAND TOTAL (P) PASS - (F) FAIL UP TO 3 POINTS PER TECHNIQUE TOTAL MARKS: 126 POINTS PASS MARK: 75 POINTS DISCRETIONARY MARK: 5 POINTS		Hand Rotation					
GRAND TOTAL GRAND TOTAL (P) PASS - (F) FAIL TOTAL MARKS: 126 POINTS PASS MARK: 75 POINTS DISCRETIONARY MARK: 5 POINTS	TOTALS						
GRAND TOTAL PASS MARK: 75 POINTS DISCRETIONARY MARK: 5 POINTS (P) PASS - (F) FAIL	TOTALS FROM PAGE 1						
(P) PASS - (F) FAIL	GRAND TOTAL						PASS MARK: 75 POINTS
ADDITIONAL COMMENTS	(P) PASS - (F) FAIL						DISCRETIONANT WANK. S POINTS
	ADDITIONAL	COMMENTS		1	1		