

# South Calgary Wado Kai Karate Club

## MEDIA RELEASE #2

November 15, 2014

Sensei Natalie Olson, represented the South Calgary Wado Kai Karate Club, Karate Alberta, Karate Canada and the Shintani Wado Kai Karate Federation, at the 1<sup>st</sup> World Championships for persons with disabilities in Bremen, Germany from November 5 – 9, 2014.



## 8<sup>th</sup> PLACE FINISH! AWESOME JOB SENSEI NATALIE!



Highlights of the competition include training with coach Heather, kata coach Katarina, and the rest of the Canadian Team, the pre competition warm up area where she met many new friends from various different countries, the tournament itself where she performed kushanku in front of about 500 – 800 spectators, carrying the Canadian flag during opening ceremonies alongside her team mates, signing autographs, posing for photographs with fans, receiving a new kata gi and belts from Arawaza, hanging out with Gary, Gus and Coach Denis, cheering on her Canadian team mates, and of course watching the final events for medals. Included in the adventure was a trip to the Mercedes Factory, sight seeing of all the historical buildings and streets of Bremen, team dinners, taking the tram, eating all the various different Germany foods, and of course spending time with her most amazing coach, Sensei Heather. What is next? We have a few new goals after this event, one is to see AWAD become an event here in Canada, train and learn some new katas, and preparation for Worlds Championships 2016 in Austria. Lastly, we would like to thank all of our sponsors for their kind donations.

Heather Fidyk  
Head Instructor & Treasurer

